

COVID-19 Outline Lutheran Outdoor Ministries Indiana-Kentucky (LOMIK)

Introduction We all know that information surrounding COVID-19 is constantly evolving. As we continue to monitor updates from our local, regional and national governing bodies, we will continue to update and adapt our own practices. This outline highlights what LOMIK is currently working towards for all onsite residential programs. For greater details, check out our "Playbook" here: http://docs.lomik.org/docs/2021_ALL_Covid_Info_368.pdf . Questions, concerns or comments should be directed to our COVID-19 response team info@lomik.org

BEFORE CAMP COVID-19 prescreening.

We request all participants and staff to self-monitor for any COVID symptoms or possible recent exposures.

All household members take appropriate safety precautions

(wear a mask outside the home, stay six ft. away from other people and wash hands frequently).

Anyone with symptoms associated with a COVID-19 infection or who have been exposed in the preceding 14 days should stay home for the safety of the entire community.

ARRIVAL AT CAMP Arrival at camp will look a little different than it has in the past.

Parents moving campers into their cabins will be limited to one household at a time.

Staff will be available to help campers as needed.

To help prevent areas of congestion among campers, we will coordinate the arrival and departure of all campers.

There will be an initial single point of entry at which each entering vehicle will be greeted by camp staff.

Health check-ins: we will conduct symptom screenings and ask COVID-19 specific screening questions.

Please remain masked during this screening process when inside.

For campers who have medications, there will be a health station where meds can be dropped off.

DURING CAMP Depending on the circumstances at the time, we may experience limited capacity.

All state and local guidelines will be followed, including any limits to accommodate physical distancing.

Programs and activities will be outdoors as much as possible.

Campers should pack accordingly for all types of weather

Campers should also bring, keep track of, and only drink from their own personal water bottle.

Cleaning: LOMIK has significantly increased its cleaning, handwashing and sanitization procedures.

Stations containing hand sanitizer will be located conveniently throughout the camp.

Door knobs, handles and other high touch surfaces will be wiped with antibacterial spray frequently.

Bathrooms and shared spaces will be cleaned and sanitized multiple times per day.

Masks: In compliance with Indiana Department of Health and local health department guidelines, we are requiring face coverings that cover both the nose and mouth to only be worn if special circumstances dictate that such action would help lower the potential risk of transmission.

Masks will NOT be required while campers and/or staff are: inside their assigned cabin, showering, eating, participating in waterfront activities or outdoors maintaining physical distance.

Campers will travel together with their cabin to activities and meals, reducing contact between cabins.

Personal items, personal equipment or clothing must not be shared with campers from another cabin.

Daily symptom checks will be required for all campers and staff.

POLICY & PROCEDURES FOR SUSPECTED COVID-19 SYMPTOMS If a camper or staff member begins to exhibit symptoms of COVID-19, they will immediately be isolated and the camp doctor consulted per our infectious disease protocol. If recommended by the camp doctor, the emergency contact will be notified and will be required to pick up the camper immediately.

AFTER CAMP As campers and staff return home to family and friends, we strongly recommend that they limit their interactions for two weeks, particularly with anyone considered at high-risk for a severe COVID-19 illness. If your camper exhibits COVID-19 symptoms or tests positive within 14 days of returning home, **please contact camp immediately** so we can take appropriate measures to contact trace and inform other camp families as necessary (while maintaining your families' confidentiality).

As we look at offering summer camp experiences through LOMIK sites in the summer of 2021, our approach has been that COVID-19 is a documented health/safety issue that varies widely in severity. We are making decisions with the health of our campers, staff, and families in mind. Camp is a unique environment where most time is spent outside in nature where the transmission of the COVID virus has been proven to be very small. That along with the growing percentage of adults and older teens getting vaccinated and the changing guidance on quarantine circumstances we are comfortable in offering summer camp in 2021. The benefits outweigh the risks for campers without other high-risk health factors.

In our camp environment most activities take place outdoors, including meals. Each cabin group will be treated as a family unit for their time at camp. The cabin groups will be kept distanced from each other as much as possible to minimize the potential to be exposed. Initial symptom screening will be done as everyone enters camp before unloading. Any family that shows symptoms or has been in contact with someone with COVID will be expected to not come to camp, and to call the office and let us know they will not be attending. If a subsequent week is available, we may be able to switch your camp week until after your quarantine period is over. This will be determined on a case by case basis as needed.

Frequently Asked Questions (FAQs) about Summer 2021

Q: Does my child have to be tested for COVID before coming to camp?

A: No, if your child has tested positive or is exhibiting COVID symptoms you are expected to stay at home and call and let us know your child will not be attending. If your child and close contacts have not been exposed to COVID and do not show any symptoms, you may come to camp.

Q: Are parents required to wear a mask at drop off and pick up?

A: Parents will not be required to wear a mask, if you are more comfortable wearing one, we will honor your choice. Parents will be given the opportunity to enter their camper's cabin separate from other families, if they choose to.

Q: Will my child be required to wear a mask at camp?

A: Masks are no longer going to be required at camp this year. That decision was based on State and local guidance and the input from the camp physician based on our specific environment and program. Public places outside of camp, may require a mask, so you may want to have one with you or send with your Senior High Campers going to specialty camps.

Q: Can my child wear a mask if they want to?

A: If your child is more comfortable wearing a mask to come to camp, they may wear one. Please be aware that since most camp activities are outdoors and are quite active, there may be times that wearing a mask may become uncomfortable, that decision is up to you and your camper.

Q: Are staff members vaccinated?

A: We have asked all staff to be vaccinated prior to camper arrival and 98% have already done so.

Q: Are the staff members required to wear a mask?

A: All kitchen staff are required to wear a mask during food prep and serving. There may be instances where campers and/or staff will need to wear a mask if in the infirmary.

Q: What if someone at camp shows symptoms of COVID in the daily screening?

A: If someone shows symptoms of COVID at camp they will be removed from direct contact with the rest of their cabin group and the camp doctor will be called. If COVID is suspected, the child will need a COVID test. We can take the child to a local testing site, or the parent(s) will be called to come and take the child for testing within 24 hours and results of that test communicated to the LOMIK office within 24 hours to allow time for contacting parents.

Q: If my child tests positive, will they have to leave camp?

A: Yes, if your child tests positive for COVID-19 you or your designee will be required to pick your child up immediately. If the person picking up your child is not YOU, you must call the office with who is allowed to pick up your child and they will have to show ID upon pick up.

Q: What if someone in my child's cabin shows symptoms of COVID?

A: The symptomatic child will be removed from the group and sent for COVID testing. The remainder of the cabin will be monitored for symptoms for the remainder of the camp. Campers that are symptom free will remain engaged in camp activities unless they begin to show symptoms.

Q: What if someone in my child's cabin tests positive for COVID?

A: The parents/guardians of the other cabin mates will be made aware and the campers will be sent home to quarantine.

Q: How long should my exposed camper be quarantined?

A: That depends. If your child is fully vaccinated, they do not have to quarantine. If your child has not been fully vaccinated, they should quarantine for 14 days from the date of last exposure.

Q: Will I be notified if my child is a close contact of a positive COVID case?

A: YES! We know that we cannot keep COVID out of camp, but we have put procedures in place to limit the risk of spread and to provide parents with information about their campers to keep their families at home as safe as possible.

Q: How have COVID procedures changed the way food is prepared and distributed?

A: All kitchen staff follows normal kitchen procedures such as proper hand washing and sanitation of kitchen surfaces. In addition, all kitchen and serving staff will wear masks. The serving line will have one person handling each camper's plate and putting the food on the plates and handing the plate to the camper at the end of the line. All food is on the server's side of the Plexiglas. All salt/pepper and condiments will be single servings. Drink dispensers are touchless (controlled with a foot pedal).

We are excited about this summer and look forward to seeing you in person at camp.