

LOMIK's COVID-19 Action Plan for 2021

Addendum to Summer Camp Communicable Disease Procedure

In recognition of the ongoing situation regarding the spread of COVID-19, LOMIK has implemented this policy because the health and safety of its campers, staff, associates, contractors, vendors and service providers is of paramount importance and because the nature of our operations allows us to operate in a manner that we believe substantially mitigates the risk of infection among all.

General Readiness

1. Periodically review relevant local/state/federal regulatory agency policies and orders, such as those related to events and gatherings to ensure we are complying
2. Staff person responsible for responding to COVID-19 concerns and methods of contact:
Technology & Admin Director: Chris Miller chris@lomik.org 574-370-1622
Executive Director: Rev. Stephen Flynn steve@lomik.org 260-667-7750
3. Educate campers, staff and families on all COVID procedures (on communication plan, website, pre-camp email and registration download) using the LOMIK COVID-19 Playbook.
4. Create forms for check in and daily health checks to be maintained by health office and sent to main office at the end of each camp session.
5. Create appropriate registration and health screening protocol.
6. Develop & implement a plan for “Camp Families” to keep campers in small groups with dedicated staff throughout each day including meal times
7. Obtain supplies including: soap, hand sanitizer, paper towels, tissues, cleaning and disinfection supplies, masks, no-touch/foot pedal trash cans, no-touch soap/hand sanitizer dispensers, blue tape, and spray paint. Develop protocol to ensure safe and correct use and storage of cleaners and disinfectants and protocol to sanitize supplies between groups i.e. arts and crafts, sports equipment
8. Develop a schedule/plan for increased routine cleaning and disinfection of frequently touched surfaces, communal spaces, shared objects, and the infirmary between uses.
9. Staff training: handwashing, social distancing, mask requirements, usage and cleaning, safety protocols, infectious disease policy/protocol, training for reading camp staff, limit sharing of learning aids, books, & games and disinfect between users
10. Install physical barriers for food service and physical guides on floors with signage to promote social distancing. Maintain protocols consistent with CDC and OSHA guidelines.
11. Create binder for retreat spaces with COVID-19 information for reference and make sure each group knows where it is and who to call with questions.
12. Post signs at entrances, restrooms and dining hall for protective measures to stop the spread
13. Develop plans to include messages on website, social media, and email
14. Ensure adequate ventilation in cabins, turn off A/C and open windows

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15. Encourage staff, campers, retreat guests to take breaks from watching, reading, or listening to news stories about COVID-19 including social media if they are feeling overwhelmed and distressed.
16. Develop a plan to support staff (and campers) experiencing challenges related to COVID. Promote healthy eating, exercising, getting sleep, and finding time to unwind in nature
17. Encourage staff members and campers to talk with people they trust about their concerns and how they are feeling
18. Post phone number for mental health services in retreat center, restrooms and dining hall.
19. Communicate with the local health department if anyone is sent home or reports testing positive after camp.

Prevention: Pre-Camp

1. LOMIK will follow all federal, state and local COVID-19 guidelines and restrictions.
2. Ask Camper/Staff to arrive healthy
 - a. We are instructing sick individuals to stay home while also sending any individual with symptoms home.
 - b. We also request that parents monitor their campers for COVID symptoms for two weeks prior to camp, physically distance and wear masks when in close contact with others as much as possible the week prior to coming to camp so as to limit the possibility of becoming exposed to COVID-19 prior to camp.
 - c. We encourage all staff to be fully vaccinated before staff training begins. If this is not possible we ask staff to test negative 1-3 days before coming to camp.
3. Evaluate and order supply of cleaning products and protective equipment: gloves, masks, face/eye shields so that sufficient quantities are on hand. Hand sanitizer will be made available at critical points around the facility (cabins & buildings).
4. Orient and train staff to illness-reducing strategies.
5. Review all health and cleaning protocols for applicability and adaptation to the current pandemic situation. We will request health updates if anyone exhibits symptoms or tests positive for the two weeks following being on site.

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Prevention: During Camp

1. Staff will reinforce good hygiene practices such as the following:
 - a. Sneeze or cough into your elbow or use a tissue. Throw the tissue away in the trash.
 - b. Avoid handshakes.
 - c. Wash hands frequently and for at least 20 seconds.
 - d. Don't touch your face.

2. Instituted Practices and Behaviors
 - a. Signage will be posted around camp to remind people to physical distance 6 ft, proper sneezing and coughing etiquette, and proper handwashing technique.
 - b. Disinfect frequently contacted surfaces. We have fortified our normal cleaning routines, continue to reinforce sanitizing procedures and have provided additional access to sanitizers throughout our operations.
 - c. We will be conducting a health screening for all staff and campers at check-in and daily thereafter.

3. Maintain access to resources
 - a. Our camp doctor is available 24 hrs. a day.
 - b. We will keep our infirmary stocked with all medication and supplies and food available from the kitchen for sick persons (i.e. saltines, Gatorade, etc.)

Intervention: Suspected Infection

1. Standard Communicable Disease Action Plan will be followed for anyone exhibiting symptoms of COVID-19 which includes fever, cough, and shortness of breath.
 - a. They will be immediately given a face covering and isolated by at least 6ft.
 - b. Leadership staff will be informed of the situation and the camp doctor will be consulted.
 - c. Ill person will be afforded comfort care by designated staff only in order to minimize interaction and potential spread.
 - d. If infection is deemed possible or likely parents will be contacted and camper sent home for follow-up care.

2. Health officer will work with other staff to identify potentially compromised individuals and determine need for isolation protocols. In the event of a positive test, year-round staff will contact parents of campers telling them of the situation including if their camper was suspected to come into close contact with infected person or not.

3. All instances will be recorded as per standard health care practice.

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Recovery/Mitigation: Resolution

1. Staff will thoroughly disinfect areas that the sick person came into contact with. (I.e. cabin, bunk, etc. as well as common areas such as the dining hall and bathrooms which are already being sanitized frequently.)
2. The year-round staff will communicate with the parent after the camper returns home to see how the camper is doing and assess need for follow-up.
3. If a staff member exhibits COVID-19 symptom the same protocol as above will be followed. We will prefer that they go home, if possible. We also request that they be tested for COVID-19, if possible, and share the results with us for follow-up.

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