

COVID-19 Outline Lutheran Outdoor Ministries Indiana-Kentucky (LOMIK)

Introduction We all know that information surrounding COVID-19 is constantly evolving. As we continue to monitor updates from our local, regional and national governing bodies, we will continue to update and adapt our own practices. This outline highlights what LOMIK is currently working towards for all onsite residential programs. Questions, concerns or comments should be directed to info@lomik.org

BEFORE CAMP

The current availability of vaccines provides great opportunities for protecting oneself and those around us. We strongly encourage everyone connected with camp to be fully vaccinated whenever possible. We ask all participants and staff to self-monitor for any COVID symptoms or possible recent exposures. All household members should take appropriate safety precautions (wear a mask when appropriate, stay distanced from high risk individuals and wash hands frequently). Anyone with symptoms associated with a COVID-19 infection or who have been exposed in the preceding 10 days should stay home for the safety of the entire community.

ARRIVAL AT CAMP

Parents moving campers into their cabins will be limited. Staff will be available to help campers as needed. To help prevent areas of congestion among campers, there will be an initial single point of entry at which each entering vehicle will be greeted by camp staff. All campers will proceed through a health station where meds can be dropped off and any concerns shared. At the health station we will conduct symptom screenings and ask COVID-19 specific screening questions.

DURING CAMP

All state and local guidelines will be followed, including any limits to accommodate physical distancing. Depending on the circumstances at the time, we may experience limited capacity. Programs and activities will be outdoors as much as possible. Campers should pack accordingly for all types of weather. Campers should also bring, keep track of, and only drink from their own personal water bottle. LOMIK has reviewed and upgraded its cleaning, handwashing and sanitization procedures. Stations containing hand sanitizer are located conveniently throughout the camp. Door knobs, handles and other high touch surfaces will be wiped with antibacterial spray frequently. Bathrooms and shared spaces will be cleaned and sanitized multiple times per day. In compliance with Indiana Department of Health and local health department guidelines, we are requiring face coverings that cover both the nose and mouth to only be worn if special circumstances dictate that such action would help lower the potential risk of transmission. Masks will NOT be required while campers and/or staff are: inside their assigned cabin, showering, eating, participating in waterfront activities or outdoors. Campers will travel together with their cabin to activities and meals, reducing contact between cabins. Personal items, personal equipment or clothing must not be shared with campers from another cabin. Daily symptom checks will be required for all campers and staff.

POLICY & PROCEDURES FOR SUSPECTED COVID-19 SYMPTOMS

If a camper or staff member begins to exhibit symptoms of COVID-19, they will immediately be isolated and the camp doctor consulted per our infectious disease protocol. If recommended by the camp doctor, the emergency contact will be notified and will be required to pick up the camper immediately.

AFTER CAMP

As campers and staff return home to family and friends, we strongly recommend that they limit their interactions for two weeks, particularly with anyone considered at high-risk for a severe COVID-19 illness. If your camper exhibits COVID-19 symptoms or tests positive within 14 days of returning home, **please contact camp immediately** so we can take appropriate measures to contact trace and inform other camp families as necessary (while maintaining your families' confidentiality).