# COVID-19 Outline Lutheran Outdoor Ministries Indiana-Kentucky (LOMIK)

## **INTRODUCTION**

We all know that information surrounding COVID-19 is constantly evolving. As we continue to monitor updates from our local, regional and national governing bodies, we will continue to update and adapt our own practices. This outline highlights what LOMIK is currently working towards for all onsite residential programs. For greater details, check out our "Playbook" at lomik.org.

Questions, concerns or comments should be directed to info@lomik.org

### **BEFORE CAMP**

We request all participants and staff to self-monitor for any COVID symptoms or possible recent exposures. Anyone with symptoms associated with a positive COVID-19 test or who have been exposed in the preceding 10 days should stay home for the safety of the entire community.

#### **ARRIVAL AT CAMP**

Health check-ins: we will conduct symptom screenings and ask COVID-19 specific screening questions. For campers who have medications, there will be a health station where meds can be dropped off.

#### **DURING CAMP**

All state and local guidelines will be followed. Programs and activities will be outdoors as much as possible. Campers should pack accordingly for all types of weather. Campers should also bring, keep track of, and only drink from their own personal water bottle.

Cleaning; LOMIK has significantly increased its cleaning, handwashing and sanitization procedures. Stations containing hand sanitizer are located conveniently throughout the camp. Bathrooms and shared spaces are cleaned regularly.

Masks: In compliance with Indiana Department of Health and local health department guidelines, masks will NOT be required at camp unless special circumstances dictate, such as a positive COVID case.

Personal items, personal equipment or clothing must not be shared with campers from another cabin. Daily symptom checks will be required for all campers and staff.

### **POLICY & PROCEDURES FOR SUSPECTED COVID-19 SYMPTOMS**

If a camper or staff member begins to exhibit symptoms of COVID-19, they will immediately be isolated and the camp doctor consulted per our infectious disease protocol. If recommended by the camp doctor, testing may occur on site or, the emergency contact will be notified and will be required to pick up the camper immediately.

#### **AFTER CAMP**

As campers and staff return home to family and friends, we strongly recommend that they monitor symptoms, particularly with anyone considered at high-risk for a sever COVID-19 illness. If your camper exhibits COVID-19 symptoms or tests positive within 14 days of returning home, **please contact camp immediately** so we can take appropriate measures to inform other camp families as necessary (while maintaining your families' confidentiality).